

“Barf Bucket” (Body Fluid Clean Up) Training

The “Barf Bucket” Body Fluid Cleanup kit includes items that, when used properly, limit the spread of infectious disease. The following information is designed to train **all staff** on the correct use of the cleanup kit.

When should the Body Fluid Cleanup Kit be used?

All body fluids, including vomit, diarrhea and blood, should be treated as infectious material. If a staff or child has vomited or contaminated a surface with body fluid, special cleaning and disinfecting is required.

I have the cleanup kit, now what?

- Incorporate “Body Fluid Clean Up” training into your staff orientation.
- Store the “barf bucket” in an area easily accessible to all staff. Staff need to know where to locate the cleanup kit.
- Your center may require multiple cleanup kits. Use this kit as a sample to create additional kits for your center.
- **Know your disinfectant!** When **using bleach**, different concentrations are required for different tasks. Use the “Mixing Bleach” handout provided for the correct proportions needed in child care. *Only use “Special Clean Up” bleach concentrations for vomit and diarrhea. (See handout titled: Mixing Bleach for Body Fluid Clean Up.)

**If chlorine bleach is not used, it is important to use a disinfectant EPA registered effective against norovirus. The Environmental Protection Agency (EPA) keeps a list of registered disinfectants on its website. Follow manufacturer’s directions for concentration and contact time.*

*EPA list of disinfectants effective against norovirus: <http://www.epa.gov/>
Search: Norovirus disinfectant list

- Review “Body Fluid Clean Up” steps with staff. Discuss specific details for your child care facility, including:
 - ✓ Location of Cleanup kit.
 - ✓ Removal of sick child from the group while awaiting parent pick up.
 - ✓ Relocation of children until the area has been cleaned and disinfected.
 - ✓ Immediate covering of body fluid to minimize potential spread.
 - ✓ Instruction on the use of disinfectant effective against norovirus.
 - ✓ Bagging and disposal of soiled items.
 - ✓ Center’s Health Exclusion policy for children AND staff.
 - ✓ Documenting incident/illness.
 - ✓ Restocking of kit supplies.



Questions? Contact LLCHD’s Child Care Health Program:
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